

COMMUNITY LEADERS for CALIFORNIA'S SENIORS

The Program for All-inclusive Care for the Elderly (PACE) is a community-based care model for low-income older adults living with chronic illnesses and disabilities. Originating in California over 50 years ago, PACE enables seniors who need nursing home care to live with dignity and independence in their homes where they want to be. With one in four Californians aged 60 or older by the end of the decade, expanding PACE access is essential to ensuring better, safer, and more equitable care options are widely available to seniors and families in need.

WHERE IS PACE

PACE serves more than 19,000 older and diverse Californians – along with their families, caregivers, and communities – through a growing network of 24 providers operating 73 PACE centers and alternative care sites in 24 counties. With nearly 10% of eligible older adults enrolled in PACE care, its potential has not been tapped.

CARING FOR OLDER ADULTS WITH COMPLEX CARE NEEDS

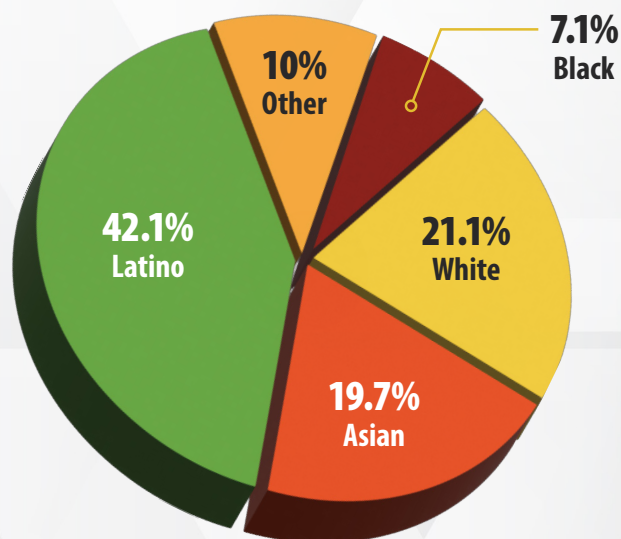
- In order to qualify for PACE care, individuals must be 55 years of age, **live in a PACE service area**, and certified by the state to need a nursing home level of care while being able to live safely in their community at the time of enrollment.
- On average, people enrolled in PACE are 74 years old and have 18 medical conditions.
- Approximately one-third of PACE enrollees live with Alzheimer's Disease or related dementia.
- Nearly all people enrolled in PACE are eligible for Medi-Cal and, given their age and high rates of disabilities, almost 70% are also covered by Medicare.
- PACE enrollment includes approximately 60% women and 40% men.



ADVANCING EQUITY IN AGING

Most receiving PACE care come from low-income communities of color. The **Master Plan for Aging** rightly establishes bold goals for building a California for All Ages. With the state's elder population growing and diversifying faster than any other age group, expanding PACE access remains critical to ensuring equity in aging while meeting the state's growing care challenges.

PACE Enrollment Diversity



SETTING THE STANDARD FOR HIGH-QUALITY COMMUNITY-BASED CARE

PACE pioneered integrated, whole-person care and addressing social determinants of health, concepts now shaping Medi-Cal reform through [CalAIM](#). People enrolled in PACE receive care from an interdisciplinary team of doctors, nurses, therapists, nutritionists, social workers, transportation professionals, and aides. These familiar faces know them, their family, and their home. Care teams create comprehensive and personalized care plans, make all necessary appointments, coordinate specialists, fill prescriptions, and provide transportation to and from appointments.

PACE'S PERSONAL TOUCH GENERATES OUTSTANDING RESULTS

- **91.87%** of older adults enrolled in PACE are very satisfied with their care.
- **87.24%** would recommend their PACE center to a friend or relative.
- **97.52%** live at home. The few residing in nursing homes continue to have their care coordinated and paid for by their PACE provider.
- **97.5%** of family caregivers recommend PACE.

INNOVATING FOR SAFER CARE

Compared to nursing home residents who are equally vulnerable to COVID-19, seniors receiving PACE care were over 72% less likely to be diagnosed with the virus. These low infection rates are the result of person-centered care and the flexibility of PACE's care model that fueled care innovations during the COVID-19 public health emergency. Enrollment was simplified to help seniors avoid month-long delays to getting care. PACE providers used telehealth to assess PACE eligibility and enable seniors enrolled in PACE to communicate with their doctors. Skilled nursing staff were retrained and deployed from PACE centers to the homes of seniors to provide care and meals. These changes made care more accessible for seniors who cannot easily travel to PACE centers for routine services. With the public health emergency ending, CalPACE seeks policies to ensure all of these innovations become permanent care options.



PROVIDING A RESPONSIBLE PATH FOR FUTURE CARE CHALLENGES

PACE growth is essential to meet the care expectations held by nearly **90% of voters** who say it is important to have access to services needed to age at home to optimize health and quality of life. Since PACE costs on average 40% less than nursing home care, expanding PACE access is also an opportunity to reduce long-term care costs while maintaining high-quality care standards.

ABOUT CALPACE

CalPACE, the California PACE Association, is a 501 (c)(6) association dedicated to the expansion of comprehensive health care services to the frail elderly through the Program of All-inclusive Care for the Elderly (PACE).

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