## Val Sheehan, MPH Bio



Val is a committed and passionate leader who has devoted her career to improving the health and well-being of populations and communities, especially those who have been historically disadvantaged, marginalized, or faced greater challenges to achieving optimal health and well-being.

Currently, Val is the CEO of the California PACE Association or <u>CalPACE</u>, a 501(c)(6) not-for-profit trade association. PACE (Program of All-inclusive Care for the Elderly) organizations serve 20,000 frail older Californians, the majority of whom are dually eligible for Medi-Cal and Medicare. The PACE model incorporates interdisciplinary team care and adult daycare to meet the needs of frail older adults, helping them to safely age in their homes and in

their communities. Prior to her role at CalPACE, she served as the Senior Vice President and Chief Program Officer at the <u>California Primary Care Association</u> (CPCA), a membership association of community clinics and health centers serving over 7 million predominantly low-income patients a year. In addition to CalPACE and CPCA, Val's health care experience includes several years at <u>Kaiser Permanente</u> as a senior health educator.

Prior to joining CPCA, Val supported and strengthened numerous leaders and organizations through training, facilitation, and consultation. Val was the founder and principal of a Sacramento-based firm that engaged with mission-based clients to promote and advance health, well-being, and social justice. She also worked for the <u>Center for Civic Partnerships/Public Health Institute</u> where she ran a cohort-based executive leadership and capacity-building program for grantees of <u>The California Wellness Foundation</u>.

Val's advocacy and systems change background is rooted in her lived experience as a Filipina American raised by a single immigrant mother. She has leveraged her education, experience, and passion to transform the lives of individuals and communities. She has done this through her role as program officer at a Bay Area community foundation called the <u>Asian Pacific Fund</u>, through her advocacy and education roles at <u>Futures Without Violence</u>, and by serving on the board of directors of the <u>Asian Women's Shelter</u>.

Val holds a Master of Public Health (MPH) from the University of California, Berkeley; a Bachelor of Arts (BA) with honors in American Studies from the University of California, Santa Cruz; and most recently, Val received a certificate from the UCLA Anderson School of Management/Johnson & Johnson Health Care Executive Program. Val is also honored to have given the commencement addresses at each of her graduations.